Semester 1				Semester 2				Semester 3				Semester 4			
	ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online
M1.1 Motor Control and Learning	5	2	50% online					M2.3 Media-technology in sports	2	1	50% online	M8.1 Professional Thesis	25		
M1.2 Biomechanics and System theory	6	3	50% online	M2.2 Sports pedagogical aspects in high performance sports	5	2	100% online	M2.1 Theories of training and their practical consequences	5	2	50% online	M8.2 Thesis Colloquium	5	2	100% online
M5.1 Organization, governance of world sport and federations	2	1	100% online	M3.1 Sport Psychology	2	1	100% online	M3.2 Applied sport psychology in high performance sports	4	2	100% online				
M5.2 Managing high-performance sports	2	1	100% online	M3.3 Methodical basis for experimental Studies	5	2	100% online	M4.1 High Performance Metabolism/Physiology	4	2	50% online				
M5.3 Innovation and Digitalization	2	1	100% online	M4.3 Nutrition strategies to enhance exercise performance	2	1	100% online	M4.2 Functional Orthopaedics	4	2	50% online				
M5.4 Leadership and Ethical challenges in high performance sports	2	1	100% online	M6.1 Mentorship during Internship	7		live	M6.1 Mentorship during Internship	5		live				
M5.5 Media and communication management	2	1	100% online	M6.2 Mentorship Colloquium	2	1	100% online	M6.2 Mentorship Colloquium	2	1	live				
M7.1 Sportspecific coaching	10	4	100% online	M7.2 Sportspecific coaching theoretical concepts	6	2	100% online	M7.3 Sportspecific coaching practical implementation	4	2	live				
	31 ECTS	**14 SWS**			**29 ECTS**	**9 SWS**			**30 ECTS**	**12 SWS**			**30 ECTS**	**2 SWS**	

Semester 1	Semester 2	Semester 3	Semester 4
M1 60 min written exam (electronically)		M2 blog Discussion	M8 Oral defence of thesis (30 Min.)
M5 Essay about a topic combined of Module 5.a) and 5.b)		M3 Oral exam (20 Min.)	
	M4 Take home exam (60 Min.)for 4.3	M4 Oral exam (20 min) for 4.1 and 4.2	
	M7 7.2 oral exam (20 min.)	M6 Internship report	

100% online = access everything from everywhere
50% online = some parts will be online, some will be during our block seminars in Mainz
live = you will need to attend in person

Semester 1				Semester 2				Semester 3				Semester 4				Semester 5				Semester 6			
	ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online
M1.1 Motor Control and Learning	5	2	50% online	M2.2 Sports pedagogical aspects in high performance sports	5	2	100% online	M2.3 Media-technology in sports	2	1	50% online	M8.2 Thesis Colloquium	5	2	100% online	M8.1 Professional Thesis	5			M8.1 Professional Thesis	20		
M1.2 Biomechanics and System theory	6	3	50% online					M2.1 Theories of training and their practical consequences	5	2	50% online												
M5.1 Organization, governance of world sport and federations	2	1	100% online	M3.1 Sport Psychology	2	1	100% online	M3.2 Applied sport psychology in high performance sports	4	2	100% online												
M5.2 Managing high-performance sports	2	1	100% online	M3.3 Methodical basis for experimental Studies	5	2	100% online	M4.1 High Performance Metabolism/Physiology	4	2	50% online					M6.1 Mentorship during Internship	12		live				
M5.3 Innovation and Digitalisation	2	1	100% online	M4.3 Nutrition strategies to enhance exercise performance	2	1	100% online	M4.2 Functional Orthopaedics	4	2	50% online	M6.2 Mentorship Colloquium	2	1	100% online	M6.2 Mentorship Colloquium	2	1	live				
M5.4 Leadership and Ethical challenges in high performance sports	2	1	100% online									M7.1 Sportspecific coaching	10	4	100% online								
M5.5 Media and communication management	2	1	100% online									M7.2 Sportspecific coaching theoretical concepts	6	2	100% online	M7.3 Sportspecific coaching practical implementation	4	2	live				
	21 ECTS	**10 SWS**			**14 ECTS**	**6 SWS**			**19 ECTS**	**9 SWS**			**23 ECTS**	**9 SWS**			**23 ECTS**	**3 SWS**			**20 ECTS**	**0 SWS**	

Semester 1	Semester 2	Semester 3	Semester 4	Semester 5	Semester 6
M1 written exam (60min) electronically)		M2 blog Discussion	M7 7.2 oral exam (20 min.)	M6 Internship report	M8 Oral defence of thesis (30 Min.)
M5 Essay about a topic combined of Module 5.a) and 5.b)		M3 Oral exam (20 Min.)			
	M4 Take home exam (60 Min.) for 4.3	M4 Oral exam (20 min) for 4.1 and 4.2			

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Semester 1				Semester 2				Semester 3				Semester 4				Semester 5				Semester 6				Semester 7				Semester 8			
	ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online		ECTS	SWS	Online
M1.1 Motor Control and Learning	5	2	50% online	M3.1 Sport Psychology	2	1	100% online	M3.2 Applied sport psychology in high performance sports	4	2	100% online	M2.2 Sports pedagogical aspects in high performance sports	5	2	100% online	M2.3 Media-technology in sports	2	1	50% online	M8.2 Thesis Colloquium	5	2	100% online	M8.1 Professional Thesis	8			M8.1 Professional Thesis	17		
M1.2 Biomechanics and System theory	6	3	50% online	M3.3 Methodical basis for experimental Studies	5	2	100% online	M4.1 High Performance Metabolism/ Physiology	4	2	50% online					M2.1 Theories of training and their practical consequences	5	2	50% online												
M5.1 Organization, governance of world sport and federations	2	1	100% online	M4.3 Nutrition strategies to enhance exercise performance	2	1	100% online	M4.2 Functional Orthopaedics	4	2	50% online					M6.1 Mentorship during Internship	7		live	M6.2 Mentorship Colloquium	2	1	100% online	M6.1 Mentorship during Internship	5		live				
M5.2 Managing high-performance sports	2	1	100% online					M5.3 Innovation and Digitalisation	2	1	100% online					M6.2 Mentorship Colloquium	2	1	live												
								M5.4 Leadership and Ethical challenges in high performance sports	2	1	100% online	M7.1 Sportspecific coaching	10	4	100% online					M7.2 Sportspecific coaching theoretical concepts	6	2	100% online	M7.3 Sportspecific coaching practical implementation	4	2	live				
								M5.5 Media and communication management	2	1	100% online																				
	15 ECTS	7 SWS			9 ECTS	4 SWS			18 ECTS	9 SWS			15 ECTS	6 SWS			16 ECTS	4 SWS			13 ECTS	5 SWS			17 ECTS	2 SWS			17 ECTS		

Semester 1	Semester 2	Semester 3	Semester 4	Semester 5	Semester 6	Semester 7	Semester 8
M1 written exam (60 min) electronically		M5 Essay about a topic combined of Module 5.a) and 5.b)		M2 blog discussion	M7 7.2 oral exam (20 min.)	M6 Internship report	M8 Oral defence of thesis (30 Min.)
	M4 Take home exam (60 Min.) for 4.3	M4 Oral exam (20 min) for 4.1 and 4.2					
		M3 Oral exam (20 Min.)					

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